

West Berkshire School Nursing Service 2025

Universal Offer (For All CYP & Families)

National Child Measurement Programme (NCMP)
Yr R (Reception)

National Child Measurement Programme (NCMP)
Yr 6

Screening for hearing
Yr R (Reception)

Enuresis Clinics:
Support children with night time bedwetting issues, providing assessment, advice, and management options.

Medical Conditions Training to school staff:
managing medical conditions, ensuring staff are equipped to handle health concerns such as asthma, diabetes, and epilepsy within the school environment.

Additional Universal Services:

Health Promotion: Supporting schools with public health advice and support on topics like mental health, obesity, and sexual health.

The school nursing service plays a key role in delivering the 5 - 19 aspect of the programme by providing health education, early intervention, and support for children, young people, and families. Services are provided at three levels—Universal, Targeted, and Specialist Support—to meet the varying needs of CYP and their families. The service is delivered by a skill mix. This refers to the combination of different staff roles, qualifications, and competencies within the services, this includes School nurses, Staff nurses and Health Care Assistants. The Service has 3 FTE School Nurses. Services are delivered in school, community settings, and digital platforms (e.g., online resources or virtual consultations).

Targeted offer

School Nurses provide extra support to vulnerable groups (e.g. children with disabilities, young carers, or those with long-term health conditions). Work with children on a **Short-Term Plan** typically takes place within a school setting. Children can be seen weekly for 4-6 weeks or just once a term e.g. for growth monitoring and contacts for each child/family will be varied according to need. Common reasons for a short-term plan include problems with sleep, wetting, healthy weight, developmental concerns, and emotional health. Children on the **Special Medical Needs** caseload will be supported by the completion of care plans, liaison with schools and other health practitioners and supporting the children/young people themselves to understand and, where appropriate, manage their condition. Children on this caseload may also be supported by medical awareness training for the schools.

Specialist offer

There has been a significant rise in child protection and vulnerable caseloads. Approximately 47% of the School Nursing Service Caseload is made up of CYP's who have a CP plan, CiC or Vulnerable.



Support will be offered according to need.

Children can move between universal, targeted and specialist provision depending on need, as assessed by the School Nurse.

