Every walk is different, so complete a risk assessment for each one your group offers to help you plan and make a note of the steps you are taking to keep walkers safe. Risk assessments should be stored for three years and be kept by the coordinator.

Have a great walk!

|  |  |
| --- | --- |
| **Ramblers Wellbeing Walks Partner**: | **Name of walk:** |
| **Risk Assessment completed (date):** | **Recce completed (date):** |

|  |  |  |  |
| --- | --- | --- | --- |
| **Hazards**  **Make a note of any hazards to walkers or others on your route** | **Your notes** | **Precautions**  **Tick the boxes that apply and add any others – you don’t need to tick every box.** | **✓** |
| **Weather**  Is there any danger of extreme temperatures, heavy rainfall or other severe weather during the walk? |  | Check the weather forecast before each walk and postpone/cancel if necessary |  |
| Advise walkers to bring suitable clothing and items for the conditions |  |
| During the recce, make a note of ‘escape routes’ |  |
| Other/Detail: |  |
| **Traffic**  Do you need to cross or walk along a road? Are there any level crossings? |  | Check for suitable crossing places on the recce |  |
| Communicate clearly with the group on the day |  |
| Maintain single file on any road sections |  |
| Other/Detail: |  |
| **Path surface and obstacles**  Are there hazards such as slippery paths, loose rocks, stiles, fallen trees, steep drops? |  | Check for hazards on the recce and adapt the route if needed |  |
| Provide clear information to walkers beforehand |  |
| Advise walkers to bring suitable footwear for the conditions |  |
| Other/Detail: |  |
| **Animals**  Will you pass livestock? Is there any danger of ticks or bites/stings? |  | Let walkers know to cross fields with livestock calmly and quietly, keeping the group together. Be prepared to divert if needed |  |
| Leave gates and property as you find them |  |
| Advise walkers to check for ticks and remove promptly if found |  |
| Other/Detail: |  |
| **Communications**  Is there a chance you could get lost, lose touch with walkers, lose visibility or phone signal? |  | Recce the route in advance |  |
| Pre-register mobile phone with 999 emergency text service |  |
| Let somebody know your plans and the time you expect to be back |  |
| Other/Detail: |  |
| **Other**  Add any other hazards on your walk here |  | Follow any national or local Covid-19 restrictions |  |
| Other/Detail: |  |

If you have any questions about **Ramblers Wellbeing Walks**, please get in touch: [wellbeingwalks@ramblers.zendesk.com](mailto:wellbeingwalks@ramblers.zendesk.com)